a social ministry dedicated to single women Rise & Shine Nepal

| e-updates |

Aug/December 2022

Skill Development Trainings



We have been providing various skill development trainings to Pratiksha Transitional Shelter participants as per their area of interest which is in demand in the market. Liquid soap making, earring making, bag making, tailoring, terrace gardening, agriculture and Dhaka knitting training etcetera are the some of the regular trainings that we are providing.

Transforming lives: Impact story of Rekha Rana





She is Rekha Rana From Western part of Nepal (Kanchanpur District). Her Husband passed away because of Covid 19 infection during the second wave of it. She has two daughters. Her husband was only one bread winner for the family. But after her husband's demise, she had to go through various difficulties including unsupportive in-laws, moreover, due to not having any vocational skills she could not be able to earn and feed and educate her children. So, she was praying and through her pastor she came into the contact of Rise and Shine Nepal and became one of the participant in Pratiksha Single Women Transition Shelter. Now she has completed her basic tailoring training and doing her special course as well and also practicing in a tailoring center. From her intern practice, she is also getting stipend of Rs. 6000 per month. After completing her special courses, she wants to open her own tailoring shop in near future for her family livelihood.

Group formation and liquid soap making training

Rise and Shine Nepal (RSN) has vision to reach single women of Nepal through group formation. So with the coordination of Nepal Christian Society and Uddami Peshakarmi (Local Entrepreneur Group) Biratnagar, RSN has formed a single women group. After group formation we have provided them, liquid soap making training. With the hope, they can start a bushiness with small investment and continue their saving.





Selling the product made by single women

As we have been providing various skill development training to Pratiksha Single Women Transition Shelter (PSTS) participants as per their interest and market demand, during their practice our participants prepare different types of earnings, facemask, mask holder, bracelets and garlands. so on the occasion of RSN 12th year anniversary celebration our PSTS participants sold those products and were able raise small sum of amount this ministry.



Single Women Visit and Follow-Up

Single women visit is the regular activities of Rise and Shine Nepal (RSN). Executive Director (Sabina Chamling) of RSN has been visiting single women regularly and encouraging them with her visit and sharing and hearing their pain and suffering without judgment. It helps them to feel they are loved and cared a n d also encourage them to involve in the saving and credit group of single women.



Networking and vision sharing trip

On 16th –20th October 2022 Miss Prashna Rai, Admin and Finance officer of Rise and Shine Nepal has attended the Asian Baptist Women Union Young women's leadership conference in Chaingmai, Thailand. The trip was fruitful for the development on building the networking and



sharing the vision of Rise and Shine Nepal among the sisters across the Asia. During the conference trip, she has got to meet many women and share the RSN ministry.

Prayer Items:

- Upcoming events.
- Safety of the single women and their children who are under domestic and various social abuse and violence.
- Sustainability of the organization so that we could serve more single women those who are in need indeed.
- RS Nepal team members.
- RSN land & building project.

Praise Item:

- We thank God Almighty for His provisions.
- We thank you all our national / Int'l partners / stakeholders for believing in us and opening your heart for serving the single women of Nepal.

RSN Day celebration

On 9th September 2022, Rise and Shine Nepal (RSN) celebrated its 12th year anniversary as RSN Day along with 12th Annual General Assembly. The program was held in Living Baptist church Lalitpur, Nakhpot. There was a presence of local government and authorities such as the chairman of ward office (Ward No 14), Office & Community Police Service Center Office, and various guests and representatives of organizations, and RSN General Assembly members.





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Louder Than Words!







Single women visits



 $Prayer\ meeting\ conducted\ during\ ABWU\ prayer\ Day$