



a social ministry dedicated to single women

# Rise & Shine Nepal

| e-updates |

April/July 2020

## Education Support

On 14th July 2020, We were able to become a small part of 63 school going children of single women by distributing education materials school bag and shoes. Just because of this little act of kindness and partnership, we are glad to see the smile of gratefulness on their face.



## Skill Development Training

Rise and Shine Nepal has conducted the two skill developing trainings– **Pickle Making, Sanitary Pad Making and Liquid Soap Making Training** for the single women. Twenty participants in pickle making training and twenty-two participants in sanitary pad making and eighteen participants in liquid soap making training were benefited. We are hoping that the skills they have learnt in this training will help them to commence home-based their own small business on small investment.





## Local Single Women Group Formation



Group formation and mobilization of local single women is one of the vital work of Rise and Shine Nepal. On 27th June 2020, Rise and Shine Nepal has formed the local group of single women

comprised of seventeen single women from surrounding locality of Kirtipur, Kathmandu. Coming together in group will help them to unite, share and learn from their experience of one another.

## COVID-19 Pandemic Response

The people those who are living on daily wage are most hard hit people by the COVID-19 pandemic. During this lockdown enforced due to pandemic situation, We are able to distribute daily essentials as a relief support to our 110 single women and some other 13 needy people in the community. At the time of such hardship, without the great heart of our well-wishers and partners, this would not be possible. We thank you for your partnership and compassionate heart.



*“Empowering Single women through Skill Development Program” is one of our main strategy to lift up the single women from their vulnerability to establish the dignified life in the society.*



## **Prayer Items:**

- Upcoming events.
- Safety of the single women and their children who are under domestic and various social abuse and violence.
- Sustainability of the organization so that we could serve more single women those who are in need indeed.
- RS Nepal team members

## **Praise Item:**

- We thank God Almighty for His provisions.
- We thank you all our national / Int'l partners / stakeholders for believing in us and opening your heart for serving the single women of Nepal
- We thank you that with the support of Harold we purchase scooter .

## **Agriculture for Economic Empowerment**

Agriculture and vegetable farming is one of the program that Rise and Shine has supporting on for the economic empowerment of the single women. We are producing vegetables by renting 8 Ropani,



(Approx. 1 Acre) land. Moreover, recently, We were able to buy two buffalos too. We have two usefulness of the buffalos such as: it will help us in our mission to produce organic vegetables by using the manure fertilizer. The second benefit from buffalo will be the income generating activity by selling the milk.



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## Louder than words !



Sanitary pad making training



Pickle Making training



Relief Distributed to single women



Tomato harvesting time



Education support